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The invention relates to the agriculture, and particularly to the agricultural plant breeding, and may be used in the selectiongenetic process. The purpose of the invention is the increase production of the maize high-protein forms. The maize airy-dry seeds are disposed uniformly in one layer between the electrodes and are influenced by variable electric field with tension 3,5-4 kV/sm. during 3-4 h. After that processed seeds are sowed.