

s 2016 0110

The invention relates to medicine, in particular to dentistry and can be used to correct respiratory syndrome in patients with nocturnal bruxism.

Summary of the invention consists in that are placed during respiration at the level of the mouth and nose above the upper lip two mirrors and depending on the appearance of great humidity spots on the respective mirror is determined the predominant type of breathing and is performed the hypoxic resistance test with registration of the time of respiration retention after a deep breath, then are sequentially applied three types of mouthguards, namely anterior, posterior and anteroposterior, is determined the type of mouthguard with which is established the naso-oral type of breathing and is recorded the maximum respiration retention time, the corresponding mouthguard is used in the nighttime, during 30...40 days.

Claims: 1