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The invention relates to the bioorganic chemistry, namely to the process of obtaining the furostanol glycosides manifesting antifungoid and antivirous activity.

The summary of the process consists in extracting the Lilium regale fresh bulbs with boiling water, concentration of extracts and chromatography thereof on the column with the G-50 sefadex, using the distilled water as eluent.

The technical result of the invention consist in simplifying the process of obtaining the furostanol glycosides by reducing the amount of operations.