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The invention relates to the animals reproduction field, particularly, to the gametogenesis, mainly, to the spermatogenesis.

The summary of the invention consists in the fact that the sire bulls are subjected in the period of the sperm productivity lowering to the stress which is carried out by keeping them in the darkness during 7 days and introducing in their ration exclusively the water, on the eighth day the animals are getting 1/3 of the day ration, on the ninth day -1/2 of the day ration and beginning from the tenth day they are getting the full value day ration.

The technical result of the invention consists in the improving of the sire bulls sperm morphophysiological effect in the period of the sperm productivity lowering.