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The invention relates to medicine, namely to pulmonology and immunology.

Summary of the invention consists in the fact that the autologous lymphocytes, separated according to a density gradient and activated within three minutes *in vitro* with infrared rays, are retrosternally administered in the lymphotropic zone of the pulmonic system on the jugular incisure slowly during 20...30 s, 2...3 times per treatment course with an interval of 2...5 days between the doses.