

The invention refers to medicine, in particular to surgery.

Summary of the invention consists in that it is made a median longitudinal incision and a transversal incision of the skin, of the subcutaneous tissue and of the aponeurosis at the level of the anterosuperior iliac spine, it is mobilized the hernial sac up to the cervix, it is laterally mobilized the aponeurosis of the oblique external muscle of the abdomen, it is opened the hernial sac, the content of the hernial sac is introduced into the abdominal cavity, there are applied simple interrupted sutures in longitudinal direction from the lateral part towards the medial part on the aponeurosis of the oblique external muscle of the abdomen on both sides of the hernial defect, then there are also applied sutures on the aponeurosis of the rectus abdomini muscles. Afterwards, it is carried out plasty of hernia according to the Sapejco method with the longitudinal duplication or according to the Meio method with the transversal duplication, then it is removed the excess of skin and subcutaneous tissue from both sides of the incision, further the tissues are sutured in layers.

Claims: 1