

s 2014 0031

The invention relates to medicine in particular to rehabilitation medicine, and can be used for treating spastic contracture.

According to the invention, the claimed method consists in that daily is carried out a relaxing massage of contracted muscles for 20...30 min, then is carried out the passive muscle relaxation by stretching the muscles during the deep exhalation while maintaining the relaxation phase until the end of exhalation, on finishing the passive relaxation, once in 3 days, in the region of contracted muscles is administered intramuscularly in 4...6 places 0.5 ml of a mixture comprising in mass %:

50% sodium metamizole sol. 30.00...35.00

pyridoxal phosphate sol. 20.00...25.00

nimodipine sol. 10.00...15.00

40% glucose sol. the rest,

also, *per os*, is administered the derivative (*RS*)-4-amino-3-(4-chlorophenyl) of butanoic acid, 0.005 mg 3 times a day, while increasing the dose every 3 days by 0.005 mg, for 7 days, the course of treatment is 3 weeks.

Claims: 1