The invention relates to food industry, namely to biologically active food additives based on natural vegetable products.

The food additive, according to the invention, comprises, in mass %: flour of bean pods 30...50, of amaranth seeds 18...22, of floral pollen 8...12, of cardamon 8...12, of cinnamon 8...12 and of ginger 8...12.

Claims: 1