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The invention relates to the food industry, sanocreatology and medicine, in particular to a biologically active phytotherapeutic food supplement, which simultaneously has hepato-renal protective and immunostimulating activity.

The supplement, according to the invention, comprises, in mass. %: dry extract of amaranth seeds 14, dry extract of wormwood leaves 10, dry extract of dihydroquercetin 10, dry extract of walnut shell 9, dry extract of dandelion root 7, dry extract of turmeric root 8, dry extract of chicory root 11, dry extract of leuzea root 15, dry extract of aboveground part of milk thistle 10 and glycine 6.

Claims: 1